

# OCTOBER 2021

Mon	Tues	Wed	Thu	Fri
				1 Flavored Bread, Fruit or Juice
				Chicken Fried Steak on a Bun Steamed Broccoli Hash Browns Tropical Fruit
4 Cereal, Grahams	5 Pancakes, Fruit or Juice	6 Breakfast Pizza, Fruit or Juice	7 Omelet, Fruit or Juice	8 Muffin, Juice or Fruit
Tater Tot Casserole Biscuit Garden Salad Sliced Peaches	Chicken Quesadilla Pizza Tortilla Chips Refried Beans Cherry Tomatoes Apple	Corn Dog Green Beans French Fries Grapes	Hot Ham & Cheese on a Bun Potato Smiles Seasoned Peas Kiwi	Chicken Pattie on a Bun Sun Chips Baby Carrots Rosy Applesauce
11 Cereal, Fruit or Juice, Yogurt	12 Frenh Toast, Fruit or Juice	13 Breakfast Pizza, Fruit or Juice	14 Biscuit & Egg, Fruit or Juice	15 Flavored Bread, Fruit or Juice
Beef & Bean Burrito Tortilla Chips & Salsa Corn Orange	Cheesy Chicken Pasta Soup WW Rolls Green Beans Apple Slices	Hamburger on a Bun Shredded Lettuce Sliced Tomato Oven Fries Baked Beans Pineapple & Mandrain Oranges	Pork Fritter Mashed Potatoes & Gravy WW Hot Roll Steamed Peas Diced Pears	NEW ITEM Taco Spaghetti Garden Salad Pull-apart Cheesy Bread Strawberries
18 Cereal, Fruit or Juice, Yogurt	19 Breakfast Bites, Fruit or Juice	20 Breakfast Pizza, Fruit or Juice	21 Biscuit & Sausage, Fruit or Juice	22 Muffin, Fruit or Juice
Pizza Seasoned Peas Cucumber Slices Applesauce	Lasagna Garlic Bread Garden Salad Corn Sliced Peaches	Chicken Nuggets Mashed Potatoes & Gravy Broccoli Florets Fruit Cocktail	Soft Taco Tortilla Chips & Salsa Shredded Lettuce Diced Tomatoes Shredded Cheese Refried Beans Fresh Grapes	Chicken Tetrazzi Garlic Bread Tossed Salad Steamed Carrots Rosy Applesauce
25 Cereal, Fruit or Juice, Yogurt	26 Waffles, Fruit or Juice	27 Breakfast Pizza, Fruit or Juice	28 Breakfast Burrito, Fruit or Juice	29
Super Nachos Taco Meat Cheese Sauce Chips & Salsa Refried Beans Sliced Peaches	Pulled Pork on a Bun Sliced Cucumbers Waffle Fries Apple Slices	Breakfast for Lunch Biscuit & Gravy Eggs Hash Brown Sausage Patty (6-12) Juice Strawberry & Banana's	Corn Dog French Fries Broccoli Florets Rosy Pears	<b>NO SCHOOL</b>

ALL MEALS ALSO INCLUDE CHOICE OF MILK: 1% WHITE OR 1% CHOCOLATE  
MENU SUBJECT TO CHANGE  
THIS INSTITUTION IS A EQUAL OPPORTUNITY PROVIDER  
ADDITIONAL FRUIT CHOICE AT HS ONLY